



Sessions Woods Summer House Loop

Class 1
1.2 miles
180' vertical
0.9 hours



View from Summer House



Outdoor
Classroom
off the
Beaver Pond
Trail

The Summer House Loop begins at the information kiosk near the Sessions Woods Museum in the southwest corner of their parking lot located at 341 Milford Street, Burlington 06013. If you do this hike Monday through Friday, their Museum is a fantastic place to visit after your hike. The information kiosk is a great place to visit before your hike (note the red balloon location on the map). This hike forms a sweet shape of a lollipop :)

To start the trail to Summer House, hike southeast past the gate at the start of the Beaver Pond Trail. The trail becomes a gravel road after the gate. At 0.4 miles, as the trail starts to go downhill, turn right onto the short path to Summer House which has one of the best views from any trail in Burlington. On most sunny days Meriden Mountain is easy to see, but sunny days with very low humidity, you can also see Castle Craig which is located on Meriden Mountain. Summer House and the Beaver Pond Trail are also wheel chair friendly, although you do have to ascend 90 feet on your way there. Return on the Beaver Pond Trail, turning left at 0.6 miles, after passing the sign for the Outdoor Classroom (note photo), onto a wide, somewhat rough, connecting trail. At 0.7 miles, turn left onto the Forest Meadows Trail, which has signs showing wildlife management practices. (you might want to read the trail description for the 0.6 mile Forest Meadow Loop before you do this hike). At 1.2 miles you pass the Sessions Woods office building & Museum as you return to your car.

Sessions Woods has 2 nature guides that add to your your hike:

A Tree Identification Trail Guide: <http://www.fosw.org/publications/TreeID.pdf>

A Bird Identification Guide: <http://fosw.org/publications/BirdList.pdf>